

**CULTURAL ADJUSTMENT FACED BY ENGLISH LANGUAGE  
EDUCATION DEPARTMENT STUDENTS OF UNIVERSITY  
OF MUHAMMADIYAH MALANG PARTICIPATED IN  
THE 3<sup>RD</sup> INTERNATIONAL INTERNSHIP  
PROGRAM TO THAILAND IN 2016**

**THESIS**



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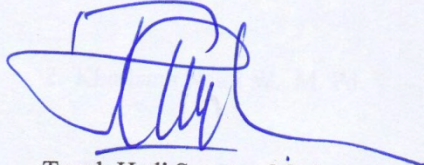
**ENGLISH LANGUAGE EDUCATION DEPARTMENT  
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UNIVERSITY OF MUHAMMADIYAH MALANG**

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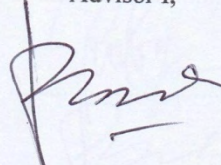
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## **MOTTOS AND DEDICATION**

### **Mottos:**

“Hold to forgiveness; command what is right; but turn away from ignorant.”

{Quran 7:199}

“Don’t be impressed by money, followers, degrees, titles. Be impressed by kindness, integrity, humility, and generosity”

{AnilSya}

### **Dedications:**

I dedicate this thesis to:

My beloved parents; my mother, Mayura and my father, Mahmud

My biological brothers; Yosril Lukas and Roni Andhika

My beloved people; my lecturers and friends for giving me an endless prayer and moral support.



## ORIGINALITY DECLARATION

I hereby declare that the intellectual content of this thesis is the product of my own work and has not been submitted to any other University or Institution.

I certify that, to the best of my knowledge, my thesis does not infringe upon anyone's copyright nor violate any proprietary rights and that any ideas, techniques, quotations, or any other material from the work of other people included in my thesis, published or otherwise, are fully acknowledged in accordance with the standard referencing practices.

I also declare that this is a true copy of my thesis, as approved by my thesis committee and the English Language Education Department office.

Malang, February 2<sup>nd</sup>, 2018



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**ABSTRACT**

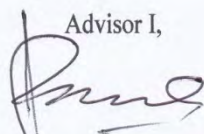
The process of living in the different culture which is called as cultural adjustment can be an exciting and stimulating experience. This topic is essential for the creation of effective intercultural communication to enrich knowledge about cross cultural understanding, especially for those who want to go abroad. Moreover, studying abroad is a major decision that might shape students' future and also impact on their career. University of Muhammadiyah Malang is one of the Universities in Indonesia cooperating with some countries in education such as providing international 3<sup>rd</sup> internship program to Thailand for all departments of Teacher Training and Education Faculty, one of them is English Language Education Department (ELED).

This research focused on the ELED students of UMM who joined International 3<sup>rd</sup> Internship Program to Thailand in 2016 as the research subjects. There were two purposes in this research; (1) to investigate the cultural adjustments faced by ELED students of UMM participated in international 3<sup>rd</sup> internship program to Thailand in 2016; (2) to analyze how ELED students of UMM adjusted the culture during the program. This research was qualitative. Furthermore, the researcher used interview and document to get the data. The documents were taking from a book containing their personal writings when they were abroad.

It was found that the ELED students faced cultural adjustments happened in two phases. First, feeling worried in terms of communication happened in the anxiety and uncertainty management phase. Meanwhile, experiencing excitement and anticipation, followed by a period of shock and disorientation because of the cultures such as the habit, the foods, the weather, happened in the u-curve phase. However, they tried to adjust the cultures in order to survive and could finish the program by using two strategies, namely understanding of culture shock and the communication competence.

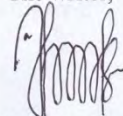
**Keywords:** *Cultural adjustment, ELED students, Internship Program*

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Alhamdulillah, all praises to Allah SWT, the God Almighty, the most Gracious and Merciful, without which I personally could not be able to accomplish anything, including this thesis. Blessings and greetings are for our Prophet Muhammad SAW who guides us from the darkness into the bright life.

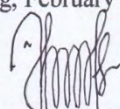
Prominently, I would like to express my most precious appreciation to my whole family, especially my parents, who everlastingly provide me with the unconditional, faithful, and peaceful affections and love in this life. Besides, my great appreciation also goes to my brothers, Yosril Lukas and Roni Andhika, for sense of humor, energies, and sincerity.

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In its final accomplishment, I am totally aware that this thesis is completely distant from the criteria of perfection. Therefore, I would be openly and kindly enthusiastic to welcome any constructive and supportive comments, feedbacks, and suggestions in search of acquiring the significant betterment.

Malang, February 2<sup>nd</sup>, 2018



Anil Angga Syafitri

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